



REVIEWS

BOOKS

Reviewed by Ruth Parnell

CENSORED 2005: The Top 25 Censored Stories

by Peter Phillips & Project Censored

Seven Stories Press, USA, 2004
ISBN 1-58322-655-9 (379pp tpb)

Availability: **Australia**—Palgrave Macmillan; **UK**—Turnaround, <http://www.turnaround-uk.com>; **USA**—<http://www.sevenstories.com>

Last issue in Global News we published a summary of the top 25 news stories judged by the Project Censored team at Sonoma State University, California, to have been most ignored by the mainstream media in the last 18 months. For the full run-down on these stories, along with updates on these and past stories, turn to this new compilation, *Censored 2005*.

This edition has a foreword by investigative reporter/author Greg Palast, who declares that 2004 "will live in journalism infamy, when America's news media lost all shame, when reporting on the invasion of Iraq was replaced by war-nography".

At least half this book contains contributions touching on important media-related issues of our times: media democracy in action, the new American censorship and how to challenge it (by Project Censored Director Dr Peter Phillips), the agenda of conservative talk radio in the USA, and corporate media's neglect of anti-globalisation movements. Case studies on the untold story of Haiti and US media coverage of the Israel/Palestine situation make for chilling reading. And the best of PR Watch's spins

of the year are noted, including the US "mad cow disease" cover-up and the Bush administration's push for "sound science".

This book is a mine of information, and a lot of it will make some sensitive readers fret at how the public is being duped by the corporate-controlled media let alone by their governments. At least to relieve the tension, the editors have liberally interspersed Tom Tomorrow's brilliantly satirical political cartoons throughout the book.

THE SEVENTH SENSE: The Secrets of Remote Viewing as Told by a "Psychic Spy" for the US Military

by Lyn Buchanan

Paraview Pocket Books, USA, 2003

ISBN 0-7434-6268-8 (306pp tpb)

Availability: Simon & Schuster,

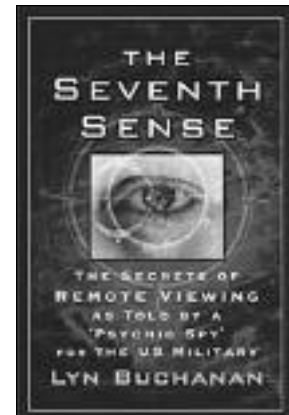
<http://www.simonsays.com>

Leonard "Lyn" Buchanan was a US Army sergeant based in Germany and working with computer systems when in 1984, under strange circumstances, he was recruited into a secret group attached to the Intelligence and Security Command. Based at Ford Meade, Maryland, it was conducting controlled remote viewing (CRV) as a military data collection tool. Lyn retired in 1992 and went on to set up his own RV company, but his experiences with the unit make for a fascinating read in *The Seventh Sense*.

In narrating what happened during his assignments, Buchanan sets the record straight on what remote viewing is and what it is not, and how it can best be conducted for most accurate results. He makes the distinction between the sixth sense, the ability to perceive ambience, and the seventh sense, the psychic ability, while noting that both are important in the remote viewing process.

Buchanan explains the subtleties and nuances, the protocols and pitfalls of working with CRV, and shares personal details of the ways CRV has utterly changed his life for better and/or worse. And yet, with all his RV experiences—exploring military targets, getting into the minds of world leaders to discern their intentions, identifying drug-smuggling boats, entering a Russian particle beam experiment—he discovered there's a pinnacle of CRV called Perfect Site Integration (PSI). In his eight-and-a-half years with the unit, he only had nine such experiences and has only had four or five since—that's how rare these events are—and he assures us that PSI is "one of the greatest experiences a CRVer can ever have".

There's intriguing information about how the conscious and subconscious minds work, about what happens after death, and about the nature of time. Plus, there's a substantial sourcebook section that explains the key terminologies of the territory and gives practical exercises to help anyone interested to train themselves in the basics.



REVIEWS



THE ENCYCLOPEDIA OF MEDICAL BREAKTHROUGHS & FORBIDDEN TREATMENTS

by Medical Research Associates, LLC
(David Johnson, MA, Editor-in-Chief)

Medical Research Associates, USA, 2005

ISBN 0-9749859-3-7 (319pp tpb)

Availability: MRA, website

<http://www.medical-breakthroughs.com>

In preparing this compendium, the editors at Medical Research Associates wanted to make a positive difference to people's health by assembling the most important, practical and up-to-date information on a range of treatments that support the fact that humans are complex organisms encompassing not just a body but a mind and spirit.

Utilising a worldwide network of medical and scientific researchers, and with an advisory board that includes medical doctors, naturopathic physicians, chiropractors and nurses, MRA has compiled the best available data on how to treat specific ailments from AIDS to warts—and without your necessarily having to resort to orthodox surgical and pharmacological options. In fact, in the preface to this *Encyclopedia of Medical Breakthroughs & Forbidden Treatments*, the editors point out some shocking statistics for surgery- and pharmaceutical-related injuries and deaths. It's not their intention to alienate orthodox MDs by fostering alternative and complementary—often "unapproved"—medical treatments and technologies, but to encourage an environment where practitioners can focus on helping their patients get the best health outcomes.

Under each listed ailment there is information on causes and symptoms and on the most appropriate, successful treatments;

these may include taking vitamins, minerals or essential fatty acids, undergoing light or sound therapy or doing specific exercises.

This section contains cross-references to one on general treatment methods such as acupuncture, insulin potentiation therapy (used to fight cancer) and nutrition/detox therapies. Special emphasis throughout these pages is on natural pain relief, including topical treatments such as DMSO, electricity, magnets and even urine.

This comprehensively researched handbook is a must for all health practitioners and ideal for the layperson who wants to be better informed about their healing options.

THE FOURFOLD PATH TO HEALING by Thomas S. Cowan, MD, with Sally Fallon and Jaimen McMillan

NewTrendsPublishing, Inc., USA, 2004

ISBN 0-7434-6268-8 (425pp tpb)

Availability: NewTrends Publishing,

<http://www.NewTrendsPublishing.com>

A book entitled *The Fourfold Path to Healing* conjures up images of the Buddha and the path to enlightenment. So readers will be pleased to know that its author, Dr Thomas Cowan, combines the best of Eastern and Western esoteric wisdom in the healing arts with the best of modern findings in Western medicine.

In his medical career path, Dr Cowan has been particularly inspired by the work of Dr Weston Price in areas of nutrition and physical degeneration, and of Dr Rudolf Steiner with his biodynamic agriculture principles. Dr Cowan has practised family medicine for 20 years and is trained in homeopathy, naturopathy and anthroposophical medicine. His fourfold path to healing encompasses nutrition using nutrient-dense traditional

foods, therapeutics via a wide range of non-toxic remedies, holistic movements to heal and strengthen the emotions, and meditation to develop one's objective thinking abilities.

A number of ailments are considered here in terms of this fourfold healing approach. We're provided with a multidimensional menu of treatments to deal with infectious disease, cancer, chronic fatigue, arthritis, back pain, women's and men's diseases and much more, along with appendices replete with healthy, nutritious recipes and practical exercises in movement and meditation.

For this book, Dr Cowan has recruited help in the traditional nutrition domain from Sally Fallon, founding president of the US-based Weston A. Price Foundation and author of *Nourishing Traditions*, and in the field of dynamic movement from Jaimen McMillan, developer of Spacial Dynamics® (his advice accompanied by easy-to-follow illustrations). So this collaboration pulls together a mix of expertise that offers health-seekers some truly holistic solutions.





REVIEWS

WHY AREN'T I LEARNING?

by **Rafaele Joudry**

Sound Therapy International, Aust, 2004
ISBN 0-9579246-2-3 (356pp tpb)

Availability: Sound Therapy International,
www.soundtherapyinternational.com

In *Why Aren't I Learning?*, Sound Therapy practitioner, author, educator and health professional Rafaele Joudry has the answer: that learning how to listen is the key for children who need to overcome learning difficulties. Her technique, based on those developed by French ear specialist Dr Tomatis and by her mother, Patricia Joudry, benefits normal and gifted children as well.

If your child has difficulty learning, reading, writing, remembering or keeping up with other kids, perhaps it is that he/she has a problem making sense of sounds. The scientifically based Sound Therapy program that Rafaele Joudry describes makes use of specially filtered music and stories that children (even babies) can access via headphones, enabling them to focus their concentration and enhance their language and learning abilities—all the while keeping their interest alive. The system (you need to obtain the listening program kits) also has special benefits for children and teenagers diagnosed with so-called ADD or ADHD, helping them solve their learning problems without having to resort to dangerous pharmaceutical drugs. (Joudry has sensible dietary advice, too.) It also is helpful for children who've been diagnosed with autism, dyslexia, stubborn ear infections, hearing loss and other disorders.

Testimonies from parents of children who've benefited from this therapy are included in Joudry's book, and they're indeed heartening for other parents as well

as for teachers and health professionals who may want to try these methods. Children can do these practical, easy, stimulating exercises while they're playing, doing their homework or sleeping. Ultimately this system offers a therapy that helps your child reach their full potential. Sounds amazing!

CROSSING THE RUBICON:

The Decline of the American Empire at the End of the Age of Oil
by **Michael C. Ruppert**

New Society Publishers, Canada, 2004

ISBN 0-86571-540-8 (674pp tpb)

Availability: New Society Publishers,
website <http://www.newsociety.com>;

From The Wilderness newsletter,
<http://www.fromthewilderness.com>

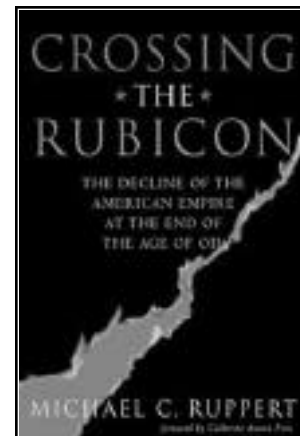
In this damning exposé, Mike Ruppert (former LAPD cop and publisher of the acclaimed investigative newsletter *From The Wilderness*) subjects the events surrounding 9/11 and the Bush administration's geopolitical belligerence to the same scrutiny as if he were working up a criminal prosecution. He examines the available evidence in terms of motive, means and opportunity and casts his net wide to implicate collaborators at the very top of the US government (especially VP Dick Cheney), in Wall Street, among defence systems contractors, and within intelligence and military networks not just in the USA but in Israel, Pakistan and Saudi Arabia. He also reminds us that Osama bin Laden has been a longtime Bush/CIA asset.

Ruppert's dire conclusion is that 9/11 had been in the planning for at least four years, even under Clinton's presidency. It was the ideal pretext for the Bush neo-cons to make the "War on Terrorism" official and justify

the military interventions required to secure vital energy supplies in the Middle East and other strategic regions. He maintains it was the realisation by early 2000 that Caspian Basin energy reserves had been grossly overstated that brought a new urgency to the issue of growing US demand for oil and gas in the face of dwindling supply, and this hastened the push for new sources.

The decision to "cross the Rubicon" from ailing republic to flourishing empire he says was the result of closed-door discussions among Dick Cheney's National Energy Policy Development Group—"where the basic motive for 9/11 was fully articulated, understood, and accepted" by the end of April 2001. It was sealed by May 2001 when Bush placed Cheney in charge of counter-terror attack planning, giving him control over FEMA and the military.

Ruppert's hefty book may make you weep with despair, but it's meant to make us think and inspire us all to be courageous against the forces that want us to live in fear.



REVIEWS



THE CANOPUS REVELATION: Stargate of the Gods and the Ark of Osiris

by Philip Coppens

Frontier Publishing, The Netherlands/
Adventures Unlimited Press, USA, 2004
ISBN 1-931882-26-6 (212pp tpb)
Availability: Frontier Publishing,
<http://www.fsf.nl>; Adventures Unlimited
Press, www.adventuresunlimitedpress.com; or NEXUS offices in Australia, UK.

Most Egyptologists, including recent re-interpreters such as Robert Bauval and Alan Alford, have erred in identifying the god Osiris instead of Horus with the constellation Orion, says Philip Coppens. And while the goddess Isis is teamed with the star Sirius in Egyptian mythology, there's another star, the second brightest in the sky, that was fundamental to the beliefs of the ancient Egyptians as well as Sumerians, Africans, Hindus and Greeks: the star Canopus. To all these civilisations, Canopus was an important celestial marker for navigation; indeed, located close to the constellation Argo, the star was bound up in the Greek myth about Jason and the Argonauts.

To the Egyptians, Canopus was the south polar star, and with its southerly position low near the horizon it was intricately linked in their mythology with death and the soul's journey to enlightenment. And the god most associated with death and the afterlife was Osiris. Coppens asks why, then, the importance of Canopus has been overlooked or underplayed by scholars—surely not because they lived too far north to observe it? Or was there a hidden reason? Coppens was surprised to find that recognition of the Canopus/Osiris link can be found in hidden

esoteric sources from the Holy Grail legend to the infamous Priory of Sion's records.

Coppens learned that Canopus was identified with his Chest, his Ark, in which he was transformed from mere mortal to resurrected supergod. Thus, he surmises, the Egyptians regarded Canopus as a "stargate" which allowed man to communicate with the gods and even enter other dimensions, to experience rebirth of the soul after death. This is at the core of the Osiris myth. Now frontier physicists are using a similar "stargate" symbolism in describing the structure of the Universe. It will be interesting to see how the scholarly world responds to Coppens's re-interpretation of ingrained belief systems.

MATRIX OF CREATION: Sacred Geometry in the Realm of the Planets

by Richard Heath

Inner Traditions, USA, 2004 (first published by Bluestone Press, UK, 2002)
ISBN 0-89281-194-3 (148pp tpb)
Availability: Inner Traditions website,
<http://www.innertraditions.com>

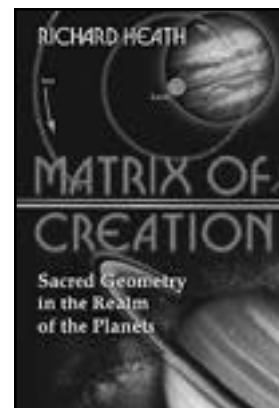
It can be argued that the ancient peoples of the world who understood number and incorporated its mysteries into their lives and works were reflecting the proportions they observed in the sky over time.

In *Matrix of Creation*, Richard Heath (a web developer and electrical/computer engineer from Scotland) turns his sights to the solar system, showing that the planets form interrelated numerical patterns with their orbits—a cohesion which forms the matrix. Readers with an interest in sacred geometry and grid harmonics will be fascinated with the "*phi* in the sky" synodic periods of Jupiter and Saturn that reveal the Golden Mean of 1:1.618..., the proportion that not

only has aesthetic appeal but is fundamental to organic structures from shells to the human skeleton. And there's more.

The pentagram of five Venus synods, created over an eight-year period, has special significance in our times, too, considering its solar flypast in June 2004 and again in eight years' time in 2012. The section on the Mars/Venus interplay portrays a 4:3 ratio that Heath shows is reflected in many a myth and measure of the ancient world. He has even found the irregular orbit of Mercury depicted in the facial features of Humbaba from the Gilgamesh epic. At least the task of getting acquainted with these numerical ratios and symbols is not so epic, helped by simple graphics.

Heath brings the Cosmos back to Earth, demonstrating that the sacred ratios were incorporated into ancient architecture such as Stonehenge and reflected in the musical tones that the ancients sounded to plug into the Divine. There's so much harmony that he concludes our solar system may not have been an accidental creation.





REVIEWS

LEMURIA AND ATLANTIS: Studying the Past to Survive the Future by Shirley Andrews

Llewellyn Publishers, USA, 2004
ISBN 0-7387-0397-4 (257pp tpb)
Availability: Llewellyn Worldwide,
<http://www.llewellyn.com>

Piecing together humanity's distant past is one of our great challenges, and Shirley Andrews manages to make a little more sense of the world pre-10,000 BC by drawing together evidence for contemporaneous ancient civilisations in the Pacific and Atlantic oceans, namely Mu (or Lemuria) and Atlantis, which met their final demise in a cataclysm at the end of the last ice age. Megalithic ruins (above ground and submerged), cave artefacts and local legends lend credence to this view, but Andrews also relies on psychic descriptions in her new book, *Lemuria and Atlantis* (a follow-up to *Atlantis: Insights from a Lost Civilization*).

Her primary source of information from the psychic realm comes from readings by the famous American seer Edgar Cayce, who spoke of the lost continent of Atlantis having existed in the Atlantic Ocean—and the submerged megalithic ruins found in the Greater Bahamas would seem to confirm his assertion to some extent. Her other sources come from people who have written to her with their dreams and memories of past lives in Lemuria and Atlantis. These certainly extend the paradigm, but such accounts tend not to be accepted in the scholarly world.

Academia is yet to explain the vast, semi-submerged basalt constructions on Nan Madol in the West Pacific, or the same sorts of spiral carvings found from the Pacific Islands to the Loltun caves in the Yucatán Peninsula to the Canary Islands and beyond.

From the evidence, Andrews concludes that the Lemurian civilisation—with its spirituality, symbology, architecture, technology and vibrational healing techniques—spread as far west as Tibet and east to the Americas, where it merged with the Atlantean civilisation as it was moving further west, both groups escaping cataclysmic earth changes.

This multifaceted approach has relevance for how we view our past *and* our future.

CHEMTRAILS CONFIRMED by William Thomas

Bridger House Publishers, USA, 2004
ISBN 1-893157-10-5 (325pp tpb)
Availability: Bridger House Publishers, Inc., tel 1800 729 4131 (toll free),
<http://www.willthomas.net>

Since the mid-1990s, people across the USA and other parts of the world including Australia, Canada, Europe and the UK have been looking up at the sky and observing military transport planes creating criss-crossing contrails that eventually merge in a haze from horizon to horizon. They've seen these planes spraying substances at low altitude, when civilian aircraft flying much higher have left no such condensation trails. Thousands have become ill as a result of the fallout from these "chemtrails", reporting diverse reactions such as respiratory distress, pneumonia, gastrointestinal problems, lethargy and nosebleed. Substances like aluminium oxide, bacteria and mycoplasma have been identified in the chemtrail fallout.

NEXUS readers may recall several articles on chemtrails that we've run by researcher William Thomas (see 8/06, 7/02, 6/03). In *Chemtrails Confirmed*, Thomas further examines the questions he has posed as to whether this phenomenon is part of some

covert climate control agenda or constitutes biological warfare against the people—or both. Year by year, the evidence is growing for the reality of this covert chemtrails project, and increasing numbers of highly trained personnel are speaking out about their observations. But until the authorities 'fess up, the chemtrails phenomenon and the motive for producing it are subjects of much speculation. The late Dr Edward Teller in 1998 suggested placing a "sunscreen" above Earth to reflect sunlight and reduce global warming (if this were indeed the problem), yet the chemtrails phenomenon was being noticed years beforehand. In fact, weather modification has been conducted for decades and seems to have been ramped up a few notches with the establishment of the HAARP ionospheric experiment in Alaska.

As the mainstream media are ignoring chemtrails, it is up to independent journalists like Thomas to find out what we need to know. He also suggests actions we can take at the political level as well as at the personal level in terms of boosting our health.



REVIEWS



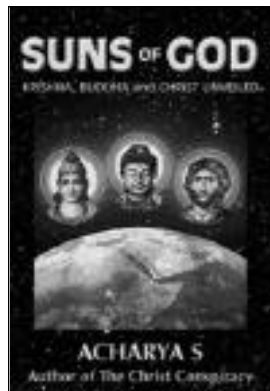
SUNS OF GOD: Krishna, Buddha and Christ Unveiled

by Acharya S

Adventures Unlimited Press, USA, 2004
ISBN 1-931882-31-2 (595pp tpb)
Availability: Adventures Unlimited Press,
<http://www.adventuresunlimitedpress.com>;
or NEXUS offices in Australia, UK, NZ etc.

In this follow-up to her controversial book *The Christ Conspiracy* (7/02), author and scholar Acharya S investigates the origins of three of the world's most popular religions, Hinduism, Buddhism and Christianity, and examines the similarities amongst their figureheads—Krishna, Buddha and Jesus.

In *Suns of God*, she argues that myths are not "mere meaningless mumbo-jumbo" but have meaning and purpose. Yet she doesn't hold that these "godmen" of the solar pantheon were actual historical personages. Instead, Acharya S puts the case for these identities being "anthropomorphisations" of the core knowledge of ancient mystery traditions going back thousands of years and having commonalities all over the globe.



She laments that in the 21st century, "little has changed in terms of religious understanding, and the world in general continues to be divided along the lines of faith".

You could say things have only become worse, with a growing tendency towards fundamentalism across several of the "great faiths". Surely this wasn't the intention of the core teachings? Or have the so-called "brotherhoods" been promoting exoteric teachings instead of esoteric teachings that seem to require the protection of secret societies? So many questions, and Acharya S provides a daunting array of tangents for our exploration, confirming that the ancients were obsessed with things astronomical and astrological and that such pursuits were basic to their theology—an astrotheology that's at the core of every great religion.

Acharya S distills a wealth of detail that you never knew about the ancient world, and concludes that these great world faiths have more in common than we realise.

SHOPPED: The Shocking Power of British Supermarkets

by Joanna Blythman

Fourth Estate/HarperCollins, UK, 2004
ISBN 0-00-715803-3 (368pp pb)
Availability: Fourth Estate,
<http://www.4thestate.com>

Supermarkets have become an all-too-pervasive aspect of our lives. In the Western world, few people can entirely avoid supermarkets, even if they do the bulk of their shopping at their local greengrocer, fishmonger, butcher, hardware store or health food co-op—small outlets that are becoming more scarce as the giant chains continue to fight each other for ever-greater market share and dominance.

In *Shopped*, award-winning UK food journalist Joanna Blythman attempts to tear the blinkers from the eyes of ordinary consumers who are unaware of or just don't care about what they're forsaking for so-called convenience and lowish prices. She entreats us to see the supermarket giants for what they really are: feudal tyrants that tell us what we think we want to buy (the more processed, the higher their profit margin); that tell lies about the quality of their products; that tell growers what and how much to produce and how and when they must present it. It's sad that the British, with their local, seasonal food traditions and their independent shopkeeper ethos, could think that what is best for them is access to a constant supply of (variable-quality) foods from anywhere on Earth, regardless of the season. Their bowing to the supermarket tyrants shows how conditioned they've become. Meanwhile, local livestock and food producers have become poorer as a result.

In the UK, a few supermarket superpowers including Tesco, Asda (owned by the US Wal-Mart) and Sainsbury's control around 70% of the market and keep battling for greater shares based on further manipulation of the shopper's mindset and wallet and exploitation of suppliers and workers. Cheesy American staff-training styles and "retailtainment" distractions are infiltrating the British social fabric, already rent asunder by the giants' setting up outside town and causing the demise of high-street shopkeepers—only to set up again in town in "Express" stores designed to get rid of the rest of whatever competition is left.

Ultimately, says Blythman, we *do* have a choice in the face of the big supermarkets' imposed choices: we can support local growers and suppliers; reject ready-made meals and processed ingredients in favour of home-prepared meals that use fresh, nutritious, even organically grown ingredients; and make a stand for real, not fake, communities. By doing this, we *can* change our lot.



REVIEWS

NOT ON THE LABEL:

What Really Goes into the Food on Your Plate

by Felicity Lawrence

Penguin Books, UK, 2004

ISBN 0-141-01566-7 (272pp pb)

Availability: Penguin Books,

<http://www.penguin.co.uk>

After reading Felicity Lawrence's book, you'll never feel the same way about shopping at the supermarket. Like her, you'll become a shopping detective, checking labels, questioning the sources of the products on show, wondering what the heck really is in frozen chicken nuggets (if you even bother to go near the frozen food section), and perhaps thinking there has to be a better and healthier way to eat and not be beholden to the industrial food giants.

In *Not on the Label*, Lawrence incorporates much of the undercover investigative reporting featured in her columns in the UK *Guardian* newspaper in recent years. And eye-opening it is. Despite health authorities' controls, there are still significant breaches



in protocols that take place between farm and supermarket. Readers will be gobsmacked to learn that Dutch food processors have worked out ways to incorporate beef protein (and extra water) in frozen imported chicken breasts to plump them up and also to evade detection in DNA tests.

But chicken is just one of a number of adulterated foods that Lawrence focuses on thematically—other foodstuffs being salad, beans, bread, apples and bananas, coffee and prawns, and ready-made meals. She argues that the powerful supermarket chains and the corporate industry that they support are not just compromising the quality of our food supply but are promoting practices that are ecologically unsustainable and are unjust to marginalised workers. Indeed, migrant workers in the UK as well as workers abroad bear the brunt of a callous, globalised food production/distribution system.

We need to reassess where our consumer society is heading—a society that forgoes

seasonal produce in favour of out-of-season imports, takes the easy way out with processed foods and snacks, and doesn't care if our food is genetically engineered or not.

Among the positive strategies Lawrence suggests is that we support local, sustainable, organic food production as well as Fair Trade products that help Third World producers improve their livelihood.

HOODWINKED:

Watching Movies with Eyes Wide Open

by Uri Dowbenko

Conspiracy Digest LLC, USA, 2004

ISBN 0-9710-0422-6 (257pp tpb)

Availability: Conspiracy Digest,

<http://www.conspiracydigest.com>

If we go to the cinema to be entertained, do we expect to be deceived in the process? Not necessarily, but Uri Dowbenko (author of *Bushwhacked*; see NEXUS 10/01) reminds us in *Hoodwinked* that movies are "the most powerful form of programming yet devised, implanting specific perceptions of the world". They can carry hidden meanings and secret messages, and not everyone is aware enough or sufficiently equipped to be able to resist any adverse indoctrination intended by the films' producers.

Dowbenko, an alternative media author who specialises in "conspiracy" research, moonlights as a film reviewer, and for this compilation he has assembled a number of previously published critiques that help explain the subtexts of a host of films that may have eluded all but the most astute viewers. He deconstructs a large selection of relatively recent movies according to categories: political science fiction (*The Matrix*); Illuminati/mind control/psy-ops (*Conspiracy Theory*); mystical (*Contact*); historical secrets and lies (*Seven Years in Tibet*); pop idolatry with an emphasis on sex and death (*Armageddon*); and government/business scams (*Bulworth*).

Not all the examples given are what could be judged as attempts to brainwash the public in sinister ways; some are actually designed to make people think, throw off the shackles of government/media/corporate/religious oppression and become self-empowered, even self-transcendent.

A difficult call, but it would have been helpful to have more detail on each film's funding to aid our appreciation of the agendas behind the scenes. Still, each critique contains interesting background research that provides additional context for understanding and appraising each film.

Dowbenko's perspectives, whether you agree with them or not, will encourage you to watch your next movie with your eyes wide open—so you don't get hoodwinked.

REVIEWS



VIDEOS, DVDs NEXUS CONFERENCE NEW RELEASES

NEXUS 2004 EUROPE CONFERENCE VIDEOS & DVDs

Produced and directed by Bert Janssen
Prices: DVD – € 22.00, Video – € 20.00
Distributor: **Europe**—Frontier Sciences
Foundation, PO Box 48, Enkhuizen 1600
AA, The Netherlands, telephone +31 0228
324076, fax +31 0228 312081, website
<http://www.fsf.nl>

Availability: **Australia**—NEXUS Office
Prices: DVDs \$38.50 each inc. GST +
postage; Videos \$33.00 each, if available;
Elsewhere overseas—Try your nearest
NEXUS Office in NZ or UK.

NICK BEGICH

Inspiring and informative talk on HAARP,
the effects of frequencies on humans, and
personal and social activism.

JERRY DECKER

An overview of the inventors, researchers
and theories in the free energy field that
hold promise for our future.

CHRISTOPHER DUNN

Thought-provoking research on the
engineering impossibilities of the Egyptian
pyramids and other mystery sites.

RICHARD SAUDER

Evidence and speculation on underground
and undersea bases and tunnels around
the world.

JASON MARTELL

Excellent presentation on Planet X, ancient
astronauts and mysteries of the Sumerian
culture.

STUART URBAN

Director of the movie *Revelation*, which
links ancient mysteries with secret
societies.

VALERY UVAROV

Mind-blowing presentation about the
mysterious, ancient, high-tech
"Installation" in remote Siberia and its role
in the 1908 Tunguska event.

JOHN MAJOR JENKINS

Research into the Mayan civilisation and
its relationship to the predictions for world
changes in 2012.

NANCY POLET – INTERVIEWS

Environmental law specialist and freelance
journalist Nancy Polet interviews each
speaker at the NEXUS 2004 Europe
Conference.

VIDEOS, DVDs NEXUS CONFERENCE NEW RELEASES

NEXUS 2004 BRISBANE CONFERENCE VIDEOS & DVDs

Produced by E&E Productions, SA
Prices: DVD – A\$45.00, Video – A\$35.00
inc. GST & postage

Distributor: **Australia**—E&E Productions,
PO Box 444, Oaklands Park, SA 5046,
tel/fax (08) 8298 8449, website
<http://www.eande.va.com.au>

Availability: E&E Productions (see above)
or your nearest NEXUS Office

VALERY UVAROV (90mins)

Information about the mysterious, ancient,
high-tech "Installation" in remote Siberia
and its role in the Tunguska event. Also
discusses the Wands of Horus.

NICK BEGICH I (90mins)

The Neurophone and the rise of energy
frequency medicine.

NICK BEGICH II (90mins)

HAARP, Tesla technology and the future.

JIM MARRS I (90mins)

The unanswered questions of 9/11.

JIM MARRS II (90mins)

Secret societies, UFOs and the NWO.

RICHARD ALAN MILLER (90mins)

Planetary resonance and mind/mood-
control technology.

PROF SIEGFRIED TISCHLER (90mins)

Explodes the myth that oil is of fossil
origin. Also discusses geopolitics of oil.

WAL THORNHILL (90mins)

Revelations on the electrical nature of the
cosmos, comets and planets.

NANCI TRIVELLATO (90mins)

Research into the out-of-body experience.

JAIN (90mins)

Vedic Maths and Sacred Geometry.

MALCOLM McCLURE (90mins)

Explains our Common Law rights.

LLOYD PYE (90mins)

Overturns the theory of evolution and
advocates ET intervention; Starchild skull.

INTERNET SECURITY TEAM (60mins)

Computer security specialists reveal tips
on preventing unauthorised access to and
theft of data.

EVE HILLARY (90mins)

Update on the covert war against
alternative therapies and medicines.



REVIEWS

MUSIC

Reviewed by Richard Giles

CARIBBEAN PLAYGROUND

by various artists

Putumayo Kids, USA, 2004 (42mins)
Distributors: **Aust**—MRA Entertainment, tel (07) 3849 6020; **UK**—Pinnacle Imports, tel 01689 870622; **USA**—Putumayo, tel 1888 7888 8629, website <http://www.putumayo.com>

The World Playground series has been promoted by Putumayo in recent years and this is the newest release. The aim of the series is to introduce children to music of the world and let them have fun as well. Each CD has upbeat songs to sing or dance to, liner notes that inform on the songs and great artwork. (There is also an interactive website, www.putumayokids.com.) *Music from the Caribbean* is a mixture of reggae, zouk and bomba, with famed artists like Taj Mahal, Desmond Dekker, the Wailers, Luc Leandry and more. The series has won the US Parents' Choice Award and is top value.

OM MANI PADME HUM

by Buedi Siebert

Real Music, USA, 2004 (50mins)
Distributors: **Australia**—New World Music, tel (02) 9565.4522; **USA**—Real Music, tel (415) 331 8273, website <http://www.realmusic.com>

Trained as a classical musician, Buedi Siebert has travelled the world and connected with the music of Tibet on his way. This album was created for a multi-vision project, "Tibet Impressions", in 1999–2000. The experience moved Buedi so much, he's used the *Om Mani Padme Hum* mantra in his work and for this studio recording. It blends the voices of Tibetan monks and the Billfinger Madrigal Choir with bamboo flutes, clarinet, udu, frame drums, gongs, marimba and base guitars. An uplifting CD of ambient Tibetan music.

A DROP IN THE OCEAN

by Sultan Khan and Krishna Das

Karuna/Triloka, USA, 2003 (55mins)
Distributors: **Aust**—Diffrnt Music, tel (02) 9387 4552; **USA**—Karuna Music, tel (415) 626.6334, website <http://www.karunamusic.com>

Krishna Das has performed around the world, influencing many leading musical and political figures with his devotional music. Here he combines traditional Indian chant with the modern, and provides the harmonium accompaniment. Sultan Khan is one of the Indian music greats as a sarangi player and singer. The two masters from

two different backgrounds combine to produce some divine singing and verse with the inspiring, emotional call-and-response style of *bajhan* (song), with tabla, guitar and keyboard contributions from Ty Burhoe, David Nichtern and John McDonald. An historic album for Indian music enthusiasts.

TASSOUMAKAN

by Issa Bagayogo

Six Degrees, USA, 2004 (66mins)
Distributors: **Aust**—MRA Entertainment, tel (07) 3849 6020; **USA**—Six Degrees Records, tel (415) 626 6334, website <http://www.sixdegreesrecords.com>

Issa Bagayogo has been nicknamed "Techno-Issa" in his homeland of Mali. Raised on traditional music and instruments, he began mixing these sounds with techno drum programming after he met French engineer Yves Wernert and guitarist Moussa Kone in 1993. This was very new in Mali, and it became known as "Afro-techno". His first CD, *Sya*, in 1998, was a huge success in Mali. The second album, *Timbaktu*, became an international hit, and this third album, *Tassoumakan* ("Voice of Fire"), is his most bluesy roots music yet. Recommended.

SOUND MEDICINE MAN

by Tim Wheater

New World Music, Aust, 2004 (50mins)
Distributors: **Australia/UK/USA**—New World Music, website <http://www.newworldmusic.com>

Tim Wheater is one of the greats of ambient music and has a string of releases behind him. This latest album from Tim expresses his inspiration for the shaman's path and was recorded in the high mountains of Colorado, USA. His distinctive flute sound carries his magical, haunting compositions that capture the solitude, dedication and peace of the ancient shaman's path. The CD holds that drifting Tim Wheater sound, transmitting a message of timelessness. A beautiful, calming album.

